Momentum Consulting Project portfolio

8+	years of experience
50+	organizations
17	countries & territories

Hi! We're Sara & Dyon

We have a combined background in medicine, healthcare management, public administration and international relations, and we love bringing those worlds together to make healthcare work better for the people who need it.

In this portfolio you'll find some of the projects we've worked on over the past years, and we're looking forward to continuing this work and improving care together with new partners.



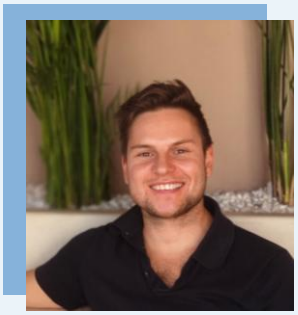
About Sara

I'm a healthcare consultant who helps health systems improve quality, sustainability and accessibility of care. I trained in medicine, and during my clinical years I realized that improving the healthcare system could make a bigger impact, both for patients and for the people working in healthcare.

Today I combine my diagnostic way of thinking with data analysis and project management to guide organizations through complex change, from improving hospital operations to shaping national health strategies.

I'm always happy to hear about new projects and collaborations that help make healthcare better!

Click here for more info!



About Dyon

Access to good healthcare is one of the most powerful things a society can offer its people. My background in business, public administration and international relations showed me early on that great care depends just as much on the systems around it as on the people providing it.

That's why I love helping health systems and organizations make big decisions about how care is funded, organized and delivered.

My work brings together strategy, financial modeling and organizational design, because in healthcare every well-made decision counts. Working on something ambitious? I'd love to hear about it!

Click here for more info!

MOMENTUM Consulting

Hospital operations and change management

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Growth strategy for the national cancer center, Bermuda

Built the growth strategy for Bermuda's national cancer center, drawing on extensive research, detailed modeling and engagement with stakeholders across the health system. Now providing program and project management for the expansion of services.

Hospital pharmacy transformation, Bermuda

Assessed how the hospital pharmacy operated, designed a future-proof target operating model, and guided the team through the change to successful accreditation.

Discharge process improvement, tertiary hospital, the Netherlands

Combined qualitative and quantitative analysis of the discharge processes on the internal medicine ward of a tertiary hospital to pinpoint how patient length of stay could be reduced.

Post-merger integration of two medical centers, the Netherlands

Led the change after two medical centers merged, designing how their clinical operations would work as one and guiding both teams through the integration.

Transformation of COVID-19 crisis organization to executive agency, the Netherlands

Managed the change as a COVID-19 crisis organization became a permanent executive organization, developing and putting in place its process and portfolio management.

Hospital financing, Bermuda

Completed qualitative review and quantitative financial analysis to size the hospital's deficit and identified new revenue options to improve the financial state of the hospital.

Hospital financing, Jersey

Sized the general hospital's funding gap and explored new revenue sources to bridge that gap, including improving billing efficiency and care utilization.

MOMENTUM
Consulting

Health system strategy and policy

8+ years of experience

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Universal Health Coverage program, Bermuda



- Designed the core benefits package for Bermuda's Universal Health Coverage.
- Designed the operating model and built the business case for the national health insurer.
- Led stakeholders through selecting the national health system performance metrics.
- Led the program management office.

National pharmacy strategy, the Bahamas



Worked with the Bahamas government to modernize its national pharmacy strategy, covering procurement, safety and quality assurance.

Evaluation of a national chronic disease management program, Bermuda



Reviewed a national chronic disease management program, assessed its impact to date and set out how to improve quality and access.

Palliative care strategy, Bermuda



Reviewed palliative care across Bermuda's whole health system and produced a roadmap of recommendations, a palliative care guide for healthcare professionals and a care booklet for patients entering palliative care.

Epidemiological model of CKM disease burden, US-based startup



Strategic partner to a US-based startup on cardiovascular-kidney-metabolic (CKM) disease. Developed an epidemiological model of its burden to make the case for implementing a screening program in low- and middle-income countries.

National health strategy, Kingdom of Saudi Arabia



Helped shape the national health strategy for the Kingdom of Saudi Arabia.

Digital primary care platform, Kenya



Developed the strategy and roadmap for an international NGO building a digital platform to widen access to primary care in Kenya.

Integrated clinical care pathways, Bermuda



Created national integrated care pathways for lung cancer, chronic kidney disease, hypertension, atrial fibrillation and heart failure.

Physiotherapy quality framework, the Netherlands



Kwaliteitskader Fysiotherapie: facilitated collaboration between healthcare providers, insurers, patient advocates and the health authority to build a framework of quality criteria.

Capacity and workforce planning

8+ years of experience

50+ organizations

17 countries & territories

Futureproof Primary Care roadmap, the Netherlands



Analyzed workforce capacity, skill mix and primary care demand to shape the “Futureproof Primary Care” roadmap for a Dutch region facing a GP shortage.

MRI capacity for breast cancer screening, the Netherlands



Analyzed national 3T MRI capacity to test whether providing additional MRI screening for breast cancer for women with dense breast tissue would be feasible.

Capacity planning for a Ronald McDonald House, the Netherlands



Built a long-term capacity plan for a Ronald McDonald House in response to strategic changes at a nearby children’s hospital.

Workforce plan, national cancer center, Bermuda



Developed the workforce plan for Bermuda’s national cancer center, setting out the roles, skills and staffing needed to deliver its current and future services.

Workforce plan, large government executive agency, the Netherlands



Built a workforce plan for a large government executive organization going through major change as regulations shifted.

Workforce analysis and workload redistribution in a multidisciplinary primary care center, the Netherlands



Completed a workload analysis for a multidisciplinary primary care center to reduce the workload burden on GPs, by streamlining operational processes, improving the practice’s skill mix and redistributing tasks and responsibilities.

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